

all geared up

Get your workout together! Securely tote your keys, id and iPod or phone in one convenient Amphipod carryall. Lock the slim Micropack™ onto your waistband or grab Amphipod's ergonomic BPA-free bottle and go! Stores & Info amphipod.com



step up to sexy

Can't find time to work out? Wearing Shape Up Shoes for just 30 minutes a day will lift buns, tone legs, & strengthen your core. Simple & convenient, super easy and so affordable! \$39.99. shapeupshoes.com or 877-71-SHAPE



tasty gummy vitamins for adults

VitaFusion™ Power C™ Gummy Vitamins pack more immune-boosting vitamin C than three oranges. No artificial colors, flavors or preservatives. Try all the delicious VitaFusion™ products. Available at Target. www.naturalproducts.com



indulgence without guilt!

Thick, fudgy, chewy... and fat free – it's a dieter's dream! At only 120 calories a serving, No Pudge! Original Fat Free Brownie Mix is the perfect, delicious treat for every sweet tooth. Just add yogurt! nopudge.com



new hair resolution

Save time in 2009 with KMS California hairplay Makeover Spray. This cleansing spray absorbs excess oil and re-energizes hair so you can shampoo less often – excellent for styling between shampoos or re-styling from day to night. kmscalifornia.com



girl stuff

two minutes to amazing

Makeover your eyes in less than it takes to say "colorO Professional." Gorgeous range of multicolor makeup. Patented creamy mineral eyeshadows: press, rub, peel, blend. Set to create-perfect perfection. Available at Sephora, your local salon/spa or at coloronpro.com.



fashion fix

Bridge the back gap without the bulk! Clear, adjustable, and super thin, isABelt is the must have solution to comfortably and discretely keeping pants from slipping down. Sizes S, M, L and Plus. isABelt.com



casual, trendy, chic!

Stay fit while looking stylish in Pink Ice Thermal hoodies and always comfy yoga pants are the perfect mix for any day. Koi Fish Yogas \$24.99 and Flawed Thermal Hoodie \$27.99. Free shipping \$100 or more! pinkice.com

